

# Giddy' Up Club



*Heritage Ridings Giddy' Up Club is the perfect way to introduce beginner riders into safe and fun horse riding*

**The aim** of the Giddy 'Up Club is to provide a fun, safe, informative learning experience, as we believe horseback riding gives your child the opportunity to:

- ◆ Interact safely with horses as well as providing engagement with nature and the outdoors
- ◆ Teach mutual trust, respect, responsibility and humility
- ◆ Improve fitness and co-ordination. Riding requires the use of all muscle groups
- ◆ Develop friendships / relationships with other riders

## **Giddy' Up Lessons Teach:**

- ◆ Lead and control the pony on the ground
- ◆ How to mount / dismount
- ◆ Basic riding position and use of aids (rider communication to the horse)
- ◆ How to steer left and right, stop and go
- ◆ Utilise games to help embed the skills they have learnt in a fun way
- ◆ They then progress on to riding without the help of leaders, steering on their own, walk, trot and later join Structured Ride Programs.

**Giddy' Up Club provides 30 minutes of riding lessons & 20 minutes of games / horsemanship**

## **LESSON TIMES**

Tuesday to Friday | 3.30pm - 5.30pm

Saturday | 11.15am & 1.45pm

## **COST**

Casual - \$45.00 / 50 minutes

Block 4 - \$40 / 50 minutes

Block 10 - \$37 / 50 minutes

## **Following the introductory Giddy' Up Club riders progress to the structured riding programs**

**Structured Riding Programs** are generally 30, 40 or 60 minutes in duration, where riders are placed into group lessons of between 2 – 4 riders according to age and experience. This allows students to benefit from the social interaction with their peers and learn from our experienced qualified instructors while utilizing Heritage Ridings range of higher educated School Master Horses.

## **FOR BOOKINGS CONTACT:**

Heritage Riding

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<http://www.heritageriding.com.au/about-us/what-we-do/riding-lessons/>

